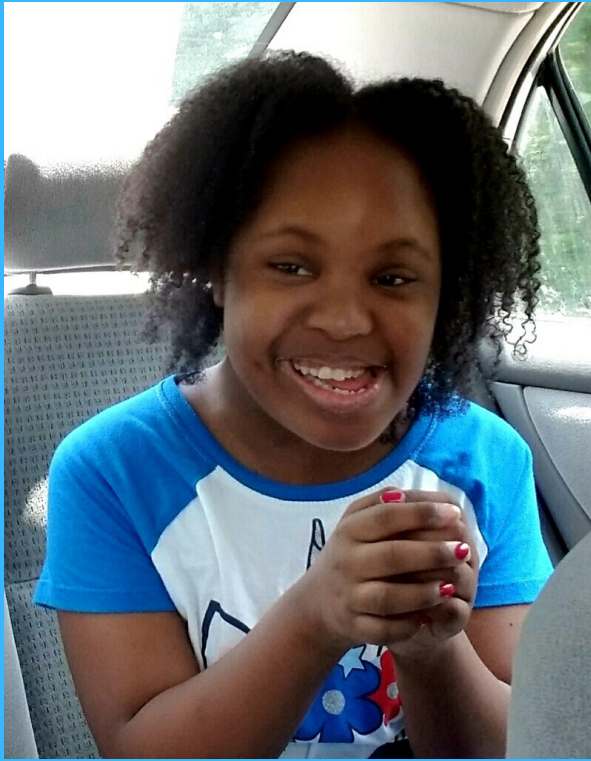


# *THE MONTHLY BEAT*

SMALL STEPS MUSIC LLC MONTHLY NEWSLETTER  
JULY 2020



## **Student Spotlight**

**Name:** Hannah P.

**Favorite Song:** "Power" by We Are Messengers

**Interesting Fact:** She is not shy when speaking to others when out and about. She is happy and says "Yes!" when they speak back.

**Instruments learning:** She is learning the piano and enjoys playing the drums.

**Why do you enjoy coming to Small Steps Music LLC?** She enjoys attending music because Ms. Natalie makes it fun, but more than that, she is challenged

## **Welcome!**

**Our monthly newsletter will include updates, fun activities, birthday shoutouts, student, spotlight, and more!**

Hang it up on the fridge. Keep it on your Facebook timeline. This newsletter contains ideas and information which you and your family can benefit from by having one place to find out what is going on. No need for sifting through emails to find out what is occurring when.

Any information you feel is important to include, please let us know, as we want to make this newsletter helpful for all!



# Mask Wearing for Children

With COVID-19 cases rising, we are all aware that masks are the new cool item to wear!

However, we understand that it can be difficult for children to understand the importance of wearing them. Listed below are some helpful suggestions in trying to practice mask wearing.

Please remember mask wearing is not going to happen overnight and it will be a new task to practice while at home, going to therapies, and while in school.

## TIPS:

- Use velcro on the back of your mask ear protectors to make it more secure
- Gradually add time to wear the mask throughout the day! Start wearing it for 3 minutes. Set a timer. Take off and 30 minutes later, set the timer for 5 minutes. KEEP ADDING TIME EACH TIME YOU WEAR THE MASK!
- Do not expect your child to wear the mask magically on the first day of school. It will take time, practice, and routine!
- Add buttons to a old headband and wrap the ear protectors around the buttons
- Ask your child to pick out a mask they will be excited to wear!



## Remember when Virtually Learning...

1. Add an inspiring quote to your work space
2. Set up a routine! Consistency is key for when it is work time and when it can be play time
3. Remember to talk with your children about cyber safety
4. Talk with your child about how they learn best and how you can help. Conversation is key!
5. Show a positive mindset towards this new style of learning. If your child sees you having a positive mindset, they may have one as well

## Follow us on Social Media!



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